



## PSHE Subject Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>RECEPTION</b> Ducklings	<b>Myself and My Relationships</b> Beginning and Belonging  <b>Myself and My Relationships</b> My Emotions	<b>Myself and My Relationships</b> Family and Friends	<b>Healthy and Safer Lifestyles</b> Keeping Safe	<b>Citizenship</b> Me and My World	<b>Healthy and Safer Lifestyles</b> Healthy Lifestyles  <b>Healthy and Safer Lifestyles</b> My Body and Growing Up	<b>Citizenship</b> Identities and Diversity
<b>YEAR 1</b> Ladybirds	<b>Myself and My Relationships</b> Beginning and Belonging	<b>Myself and My Relationships</b> Family and Friends	<b>Healthy and Safer Lifestyles</b> Me and My Online Identity (Enrichment)	<b>Citizenship</b> Working Together	<b>Healthy and Safer Lifestyles</b> Healthy Lifestyles  <b>Healthy and Safer Lifestyles</b> RSE	<b>Healthy and Safer Lifestyles</b> Drug Education  <b>Citizenship</b> Diversity and Communities
<b>YEAR 2</b> Hedgehogs	<b>Citizenship</b> Rights, Rules and Responsibilities  <b>Myself and My Relationships</b> My Emotions	<b>Myself and My Relationships</b> Anti-Bullying	<b>Healthy and Safer Lifestyles</b> Personal Safety	<b>Healthy and Safer Lifestyles</b> Managing Safety and Risk	<b>Myself and My Relationships</b> Lost and Found (Enrichment)  <b>Healthy and Safer Lifestyles</b> RSE	<b>Economic Wellbeing</b> Financial Capability  <b>Myself and My Relationships</b> Managing Change



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<b>YEAR 3</b> Squirrels	<b>Myself and My Relationships</b> Beginning and Belonging	<b>Myself and My Relationships</b> Family and Friends	<b>Healthy and Safer Lifestyles</b> Me and My Online Identity (Enrichment)	<b>Citizenship</b> Working Together	<b>Healthy and Safer Lifestyles</b> Healthy Lifestyles <b>Healthy and Safer Lifestyles</b> RSE	<b>Healthy and Safer Lifestyles</b> Drug Education <b>Citizenship</b> Diversity and Communities
<b>YEAR 4</b> Foxes	<b>Citizenship</b> Rights, Rules and Responsibilities	<b>Myself and My Relationships</b> Anti-Bullying	<b>Healthy and Safer Lifestyles</b> Personal Safety	<b>Healthy and Safer Lifestyles</b> Managing Safety and Risk	<b>Myself and My Relationships</b> My Emotions <b>Healthy and Safer Lifestyles</b> RSE	<b>Economic Wellbeing</b> Financial capability <b>Myself and My Relationships</b> Managing Change
<b>YEAR 5</b> Badgers	<b>Myself and My Relationships</b> Beginning and Belonging	<b>Myself and My Relationships</b> Family and Friends	<b>Healthy and Safer Lifestyles</b> Me and My Online Identity (Enrichment)	<b>Citizenship</b> Working Together	<b>Healthy and Safer Lifestyles</b> Healthy Lifestyles <b>Healthy and Safer Lifestyles</b> RSE	<b>Healthy and Safer Lifestyles</b> Drug Education <b>Citizenship</b> Diversity and Communities
<b>YEAR 6</b> Owls	<b>Citizenship</b> Rights, Rules and Responsibilities	<b>Myself and My Relationships</b> Anti-Bullying <b>Myself and My Relationships</b> Body Image (Enrichment)	<b>Healthy and Safer Lifestyles</b> Personal Safety	<b>Healthy and Safer Lifestyles</b> Managing Safety and Risk	<b>Myself and My Relationships</b> My Emotions <b>Healthy and Safer Lifestyles</b> RSE	<b>Economic Wellbeing</b> Financial Capability <b>Myself and My Relationships</b> Managing Change
<b>Connections/ Enhancements</b>	World Mental Health Day	Parliament Week	Link to Safer Internet Day	Mindfulness workshops	RSE Week Mindfulness workshops	Link Economic Wellbeing in Ys 2, 4



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	(October) Mindfulness workshops	Anti-Bullying Week	(February)			and 6 to My Money Week Gen R8: [Y6 transition visit/talk]
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