



Ickniel
Primary School

Thrive and achieve together

<https://icknielprimary.org/>

Friday 9th May 2025

Diary Dates	
May	Sunday 11 th – Sawston Fun Run w/c 12 th – Year 6 SATS week w/c 19 th – Reception/Ducklings Balanceability week w/c 26 th – Half-term holiday
June	2 nd – Pupils return to school 2 nd – Class Photographs 3 rd – Year 1 visit to Hunstanton 9 th – Reception visit to Mountfitchet Castle 11 th – Year 4 visit to Cadbury's World w/c 16 th – Year 5 Bikeability 17 th – R2025 new parents evening 27 th – Sports Day 27 th – FIPS Summer Fete

We hope you had a super long bank holiday weekend. We all came back into school on Tuesday feeling very refreshed and ready for learning. Despite it being a short week, we have still managed to fit an awful lot in!

SATS week

Owls class have been working really hard towards the annual SATS week of tests. These are a culmination of their primary school years of learning and their results will be passed to their subsequent secondary schools. During this week the class will have the opportunity to come into school for their breakfast club so that they are prepared for the day ahead. They will end the week with a celebratory pizza party on Friday 16th May. We will be reducing the number of visitors to school during the week and kindly ask that if you are in school to collect or drop off your child or perhaps a packed lunch, that you do so quietly so that the children are not disturbed. Thank you.

Good luck year 6!

Parents RSE Meeting

It was lovely to see a few of you at the PSHE (Personal, Social, Health, Education) parents meeting yesterday. This was a great opportunity for parents to ask questions about this part of the curriculum which focuses on Health and Relationships which covers Relationships and Sex education

(RSE). This has been a statutory part of the curriculum since September 2020. Thank you Mrs Clarke for sharing information with those who attended. I am sure that they found it very useful.



Sawston Fun Run

We hope you are all in training for the traditional Sawston Fun Run which takes place on Sunday 11th May. As you know, we have been named as a beneficiary of the event this year. The race starts from Sawston Village College at 10:30am and medals, certificates and goody bags will be awarded to all competitors. There are 2 routes to choose from, either the original 7.4k/4.6 mile route, or the shorter 3.8k/2.4 mile route for the much younger or much older participants. If you would like to help or support the event you can do so in a variety of ways. These include signing up online to take part in the event at www.sawstonfunrun.co.uk or by making an online donation to support this year's 24 beneficiaries. Those taking part can also support the event and beneficiaries, by collecting sponsorship, and as a beneficiary, we can retain 50% of the money that members of the Icknield community raise. **Please State Icknield on your sponsor form.**

Keep your eyes open on the route for the staff team who have signed up!!



Help required

I hope that many of you have noticed the improvements that have been made to the outside areas around school. Over the Easter holidays, Mr Jelliman and a team of volunteers worked hard painting, clearing debris and generally giving areas some much needed upgrading. Repairs have been made to the external play equipment, and it has been wonderful to see the children playing on this in the lovely sunshine this week.

Part of these works include the improvements to the small pond area on the school field beside the Pippins play area. This is now a small, beautiful area where children and adults can spend some quiet time. Classes may have the opportunity to explore and possibly do some pond dipping and mini-beast discoveries. Before the area can be used, we need to make the area around the pond itself safe. The area is currently uneven and muddy. We have some paving slabs that we would like to install and wondered if any parents may be able to come into school to lay them for us. If you feel you can support us with this, please call or email the school office. Thank you in advance for any help you are able to provide.

Musician of the Month

This month children will be learning songs created by Joni Mitchell. She is one of the world's most celebrated singer/songwriters of all time. She has won nine grammy awards often sings songs about social and environmental issues. Her most famous songs include 'Big Yellow Taxi' and 'Both Sides Now'. She is now 80 years old!



Special Lunch

The kitchen are serving a special 'Wild West' lunch on Thursday 15th May. Options are;

- Main – Pork Bonfire Banger
- Vegetarian – Vegan Bonfire Banger



Both served with camp fire beans or peas and western wedges. Desert is Cowboy Chillin' Vanilla Ice Cream, or a Vegan brownie.

Please order this meal in the usual way, by midnight on Saturday 10th May.



Mental Health Awareness Week

Next week is Mental Health Awareness Week and the kitchen have sent us some information about how we can support our own wellbeing. This may prove particularly helpful to year 6 during their SATS tests.

- **Porridge** – this is full of B vitamins, magnesium and iron all of which are good for mood regulation.
- **Water** - Keep hydrated as water is brain fuel. It helps the brain use amino acids to make serotonin – a chemical that keeps your mood balanced.
- **Snack Smart** – Banana bread is a great snack as bananas contain tryptophan – another serotonin producer
- **Move for your Mood** – exercise is great for your mental health! Keep active, keep moving!

During Mental health awareness week, we will be reminding the children that there are many ways that we can look after our own mental health. This includes spending time doing things that we enjoy. Activities can be done on our own, such as reading, as well as activities as part of a larger group of friends. It is also important to have a trusted person who we can turn to if we need to share our worries or concerns.

Trips

This term is a busy term for trips and staff are planning these for classes. We have been very fortunate to receive grants for some of our school trips from John Huntingdon and donations from FIPS for each class trip. These contributions help to reduce the cost of trips as the most expensive part of a school trip is the coach which costs between £800 and £900 per trip. If parents or carers would like to contribute a further donation when they are paying for their child's trip, this can be done via MCAS. We appreciate your support with this.

Water bottles and sun hats

This is a reminder that your child should have a named water bottle in school every day. This should be filled with water, not squash. As the weather starts to get warmer the children will be encouraged to take regular water breaks and refill their water bottle. Your child will also be expected to wear a sun hat when they are outside during hot weather.

Premier Holiday Camps

The Premier team will be in school during May half-term running their holiday clubs. These will run from Tuesday – Friday, 8:45 – 4:00pm. To book your place, please click on the link below.

[Premier Holiday Camps](#)

Cambridge City Holiday Camp

Cambridge City Football Club are running their football camps for boys and girls during May half term. The sessions take place on Tuesday, Wednesday and Thursday from 10:00am – 2:00pm. The sessions are aimed at children from 7 – 12 years of age and can be booked on the link below;

[May Half Term Holiday Camp | CCFC](#)